

Studying UCD Sport & Performance

Year 1

Engage with the principles

Marketing & Management of Sport

Anatomy & Kinesiology

Exercise Physiology

Cultural & Legal Foundations
of Sport & Development

Academic & Information
Technology Skills

Chemistry & Biochemistry

Year 2

Apply knowledge base

Economic, Event & Strategic
Management of Sport

Physiology, Fitness &
Biomechanics Testing

Sports & Exercise Psychology

Sports, Coaching or
Exercise Management

Work Placement in
Ireland or Abroad

Strength & Conditioning

Optional Study Abroad experience in the USA, Canada or Australia

Year 3

Specialise

Sport & Exercise for Health
& Special Populations

Research Methods
Independent Research Project

Biomechanics &
Injury Management

Sports, Coaching or
Exercise Management

Physical Activity,
Health & Nutrition

Exercise Physiology &
Exercise Performance

Degree [Honours]

Specialise through UCD graduate study

Taught Graduate Programmes

MSc Sport & Exercise Management

MSc Coaching & Exercise Science

Research Degrees

MSc Sports Studies

MSc Health & Performance Science

PhD

Sport & Exercise
Manager
Sport & Exercise
Scientist

Professional
Accreditation

Shape your career with UCD Sport & Performance

Career Opportunities

Sports Development Officer

Fitness Professional

Facility/Operations Manager

National/International
Governing Bodies

Exercise Physiologist

Health Promotion

Sport & Exercise Consultancy

Education & Research

Professional Athlete/
Team Sport & Exercise
Science Support

Continue to develop your professional career with UCD...