

Studying UCD Sport & Performance

Year 1

Engage with the principles

Marketing & Management of Sport

Anatomy & Kinesiology

Exercise Physiology

Cultural & Legal Foundations of Sport & Development

Academic & Information Technology Skills

Chemistry & Biochemistry

Year 2

Apply knowledge base

Economic, Event & Strategic Management of Sport

Physiology, Fitness & Biomechanics Testing

Sports & Exercise Psychology

Sports, Coaching & Exercise Management

Work Placement in Ireland or Abroad

Strength & Conditioning

Optional Study Abroad experience in the USA, Canada or Australia and New Zealand

Year 3

Specialise

Sport & Exercise for Health & Special Populations

Research Methods Independent Research Project

Biomechanics & Injury Management

Sports, Coaching and Exercise Management

Physical Activity, Health & Nutrition

Exercise Physiology & Exercise Performance

Degree [Honours]

BSc Sport & Exercise Management | BSc Health & Performance Science

Specialise through UCD graduate study

Taught Graduate Programmes

MSc Sports Management

MSc Coaching Science in Sport

Research Degrees

MSc Sports Studies

MSc Health & Performance Science

PhD

Sport & Exercise Manager
Sport & Exercise Scientist

Professional Accreditation

Shape your career with UCD Sport & Performance

Career Opportunities

Sports Development Officer

Fitness Professional

Facility/Operations Manager

National/International Governing Bodies

Exercise Physiologist

Health Promotion

Sport & Exercise Consultancy

Education & Research

Professional Athlete/
Team Sport & Exercise
Science Support

Continue to develop your professional career with UCD...